

Living with disabilities sometimes comes with significant costs; ABLE Accounts can help. An **Achieving a Better Life Experience (ABLE)** account is a tax advantaged savings account for people with disabilities. Money can be deposited into the account to meet qualified disability expenses.



HERE'S WHAT YOU SHOULD KNOW:

- Who is eligible? People with disabilities that began before their 26th birthday.
- Do I have to prove that I have a disability? Yes, a person who has not received Supplemental Security Income (SSI) or Social Security Disability (SSDI) since before age 26 would need to ask their doctor to sign a disability certification.
- How much can I contribute to my ABLE account? \$16,000.
- Can I use an ABLE account to pay for any type of expense? No, an ABLE account may be used to pay for "qualified disability expenses."
- Can I receive SSI benefits if my ABLE account exceeds \$100,000? No.
- Will I be suspended from FAFSA, HUD, Medicaid, Medicare, or SSDI if my ABLE account exceeds \$100,000? No.
- How many ABLE accounts can I have? One.
- **Can ABLE accounts be transferred?** Yes, they are transferrable to a sibling who is ABLE eligible, subject to rules.

Learn more about your state's ABLE account program

www.mycreditunion.gov